

Calming Cap™

What is it?

The Calming Cap™ is a hood made of a single panel of sheer fabric that is designed to limit your dog's vision by covering his head and eyes. It does NOT totally block vision, but just filters his view. He can still make out shapes and discern movement. The hood is held in place with elastic and two adjustable straps.

What is it for?

The Calming Cap™ reduces visual stimuli, which helps some dogs lower their anxiety in stressful situations.

How do you use it?

The Calming Cap™ should be introduced to the dog slowly and carefully and with lots of praise and encouragement.

Training:

Detailed instructions on how to fit the Calming Cap™ to your dog come with the product.

Step One: Introducing the Calming Cap™

1. Give your dog treats as you show your dog the Calming Cap™.
2. Put the cap on while praising and treating your dog. Continue giving treats while the cap is on.
3. If your dog paws at the cap, distract him with a bone or chew.
4. When it comes off, the treats stop.
5. In the beginning, only leave the cap on for 2-3 minutes.

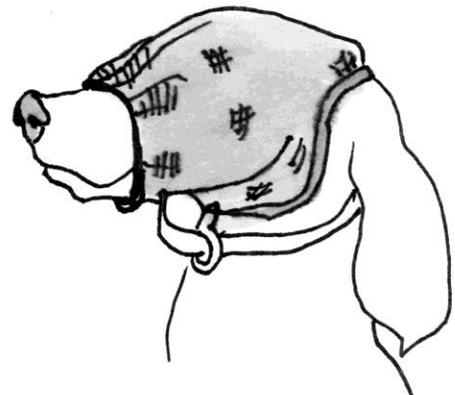
Step Two: Practicing with the Calming Cap™

1. Take it on and off several times in the time span of 30-40 minutes. Always encourage and praise your dog with lots of treats.
2. Gradually increase the amount of time the cap is on the dog.
3. Some dogs may require several 30-40 minute sessions over the course of several days before they become comfortable with the Calming Cap™.

Common Uses:

The Calming Cap™ reduces visual stimuli for the dog, so it can be very useful in many situations where "what is going on in the world" is stressing out your dog.

- Barking in the car at other dogs and people
- Visiting the vet or groomer
- Home grooming or healthcare such as nail trims
- A qualified Behavior Consultant may use the Calming Cap™ as part of a behavior modification program for separation anxiety and aggression.



Training Resources:

Marin Humane's **Behavior & Training Consultants** are available for consultations (on-site or in-home) regarding the fitting and behavior modification uses of the Calming Cap™ at 415.506.6280 or OhBeHAVE@MarinHumane.org.

Calming Caps™ are available for purchase at the Marin Humane **Animal Outfitters Store**. Stop by our store or visit us online at: [Animal Outfitters](#). Please call 415.506.6229 to verify available stock.

Remember to license your dog (It's the LAW)! If your dog gets lost, a license tag on your dog's collar is the fastest way to reunite you and your dog. Even if your dog is microchipped, a license tag is immediately visible and doesn't require a scanning device to read. For more information about licensing, microchipping, and other services provided by **Marin Humane**, visit us at MarinHumane.org or stop by at 171 Bel Marin Keys Blvd, Novato, CA.

